UBC Personal Profile

1. **TELL US ABOUT WHO YOU ARE. HOW WOULD YOUR FAMILY, FRIENDS, AND/OR MEMBERS OF YOUR COMMUNITY DESCRIBE YOU? IF POSSIBLE, PLEASE INCLUDE SOMETHING ABOUT YOURSELF THAT YOU ARE MOST PROUD OF AND WHY. (MAXIMUM 1500 CHARACTERS)**

I am the product of all people close to me. When I meet people who become significant in my life, they help mold me into the individual I am today. My family and friends would describe me as helpful, hardworking and determined. I grew up with immigrant parents and watched them struggle every day to make sure that my family had a comfortable life. They raised me to be independent and to never shuffle my responsibility onto others. I was taught the importance of giving back and helping others since one never knows the struggles another person is going through. By volunteering with Student Council and Mustang Justice I educate myself and others about issues such as gender equity, racism, and bias towards peers who identify as LGBTQ+. Watching others survive and thrive despite their struggles encourages me to continue to do what I can to create a positive change. Additionally, I grew up watching my older sister grow into a strong leader and work to make a difference within her school and community. Inspired by her, I made it a priority to create change and work with others to accomplish my goals.

I am proud of how I grew as a person through my experience of skipping a grade. When I first came to high school, I moved past grade 8 and straight into grade 9. Although this was an amazing opportunity, this experience was undoubtedly nerve-wracking, stressful, and intimidating. Going through this immense change taught me to believe in myself and adapt to any situation I find myself in.

1. **WHAT IS IMPORTANT TO YOU? WHY? (MAXIMUM 1500 CHARACTERS)**

Making my family proud is one of the biggest motivators in my life. Growing up, as my childish mindset began to fade away and growth and maturity began to settle, I learned the importance of defining my values in life, because they would keep me grounded in a world as unpredictable as ours. Soon, I was enlightened by what I truly wanted to accomplish in life – fulfilling my dreams and making my parents proud. I want to accomplish things that will have my parents looking at me and saying with pride, ‘That’s my daughter.’ In every aspect of my life, I strive to do things to help others and focus on actions I believe will give me the academic and social-emotional skills to make a positive impact in my community.  Growing up with immigrant parents meant that I was not always the focus of their attention. I never complained, because I understood that all their energy was put into working long hours to give our family a more comfortable childhood than they experienced. Due to these circumstances, I was raised by my maternal great-grandparents. They raised me with the expectation of doing my part to give back to my community, accomplishing goals of importance, and becoming a person that others will like and want to be around. I will always value my grandparents and the impact they have had on my life.

1. **Tell us about (up to) five activities or accomplishments in one or more of the following areas:**

**Student Council-**

As a member of Student Society, I used my voice to advocate for issues that needed attention such as the Farmer’s Protests in India. We came together to organize the making of a mural to represent the struggles farmers are experiencing and share these insights with our peers.

**Family/Community Responsibilities**

I have helped raise my little brother and my aunt’s two children from the moment they were born. As they grew up, I grew as a person with them. They helped me see the value my family holds in my life, taught me to value the little things in life, and be grateful for what I have accomplished.

**Work/Employment**

At 14, I obtained a part-time job at McDonalds where I am a Crew Trainer today. Through this job I learned many skills in customer service, teamwork, and communication. My job there taught me to excel at timed-order production, multitasking, and handling stress effectively during busy periods.

**Volunteer**

Next 100 Years Mentorship is a program in which high school students mentor elementary students on topics such as identity, culture, and sacrifice. I help plan activities for a class of 25-30 students and took on a leadership role to help implement program goals in a fun and productive environment.

**Service to Others**

A group of students and I helped fundraise for the Guru Nanak Diversity Village (a culturally sensitive long-term care facility for South Asian seniors). In one month, we raised $8,271. We advocated our cause to the media and received a donation from the Surrey Fire Fighters Charitable Local 1271.

1. **TELL US MORE ABOUT ONE OR TWO ACTIVITIES LISTED ABOVE THAT ARE MOST IMPORTANT TO YOU. PLEASE EXPLAIN THE ROLE YOU PLAYED AND WHAT YOU LEARNED IN THE PROCESS. YOU WILL BE ASKED FOR A REFERENCE WHO CAN SPEAK TO YOUR RESPONSE. (MAXIMUM 2100 CHARACTERS)**

Through the Next 100 Years Mentorship Program, I was able to meet and connect with many young, intuitive people who helped me grow as a student and individual. I became a mentor in grade 10 and have been with the program ever since. As a mentor I collaborate alongside students to create a welcoming environment for everyone where we can share our stories and ideas about prominent community issues in a safe space. Through each week’s theme, we complete activities designed by me and my fellow mentors which all focus on a theme (identity, ancestors and role models, culture, community). Although we are dealing with some heavy topics, through the program I was able to see how well informed our next generation is about social justice issues. I was able to do my part in explaining pivotal world events and bring awareness about topics such as gender discrimination and youth stereotypes.

Another important contribution that I have made is my involvement in Student Council which is called Student Society at my school. This is my fourth year in Student Society and this year, I was elected as Vice-President. In this position, I noticed that inside the council there would be at least one group of people who were not able to express their thoughts, ideas, or opinions, whether due to a lack of confidence, opportunity, or fear of rejection. To remedy this, I sought to create a positive environment at every meeting, and encouraged others to speak their mind so everyone has a say. One event that I am particularly proud about is our Farmer’s Protest mural. The idea behind this mural was to educate our student body about what is happening to farmers in India. This is an issue that is close to many hearts at my school, including my own. We decided to create a poster to educate our student body about this current event and express our support for farmers. The mural we created was also displayed in an elementary school so other students could also learn about what was happening and stay updated.

1. **You may wish to use the space below to provide UBC with more information on your academic history to date and/or your future academic plans. For example: How did you choose your courses in secondary school? Are there life circumstances that have affected your academic decisions to date? What have you done to prepare yourself specifically for your intended area of study at UBC? (Maximum 600 characters)**

I have had a passion for science from an early age. As I grew, I became excited about the prospect of tying my love for health sciences with a service career. This ambition gave me direction in charting my post-secondary path. My passion grew as I excelled in science courses. To prepare for post-secondary, I took a dual credit university course offered by KPU and scored an A+. I feel my ability to handle a demanding course load along with my commitment to volunteering through initiatives such as Surrey Steps-Up and Mustang Track tutoring is a solid foundation for the rigor of university life.